

# THE EMOTIONAL-NEURAL LINK IN DUODENAL ULCER\*

How excessive anxiety  
may induce vagal stimulation of  
acid-pepsin secretion

A manifestation of emotional stress, excessive anxiety may induce gastric hypersecretion by its effect on central and peripheral neural activity. Hypothalamic mediation of vagal activity increases acid and pepsin output,<sup>1,2</sup> leading to exacerbation of the distressing symptoms of duodenal ulcer.

Artist's impression of peripheral nerve ramifying on the surface of gastric mucosal cells. Illustration based on a cross section of gastric wall as seen by scanning electron microscope.

1. S. DCH: Etiology and pathology of peptic ulcer, chap. 27, vol. 1, in *Gastroenterology*, ed. 3, edited by Bockus HL, et al. Philadelphia, W.B. Saunders Company, 1974, pp. 586, 592-593. 2. Palmer ED: *Clinical Gastroenterology*, ed. 2. New York, Medical Division, Harper & Row, Publishers, 1963, p. 202.

# THE CLEAR ADVANTAGES OF ADJUNCTIVE LIBRAX

- Specific antianxiety action of LIBRIUM® (chlordiazepoxide HCl)
- Potent antisecretory-antispasmodic actions of QUARZAN® (clidinium Br)
- Single Rx and dosage schedule favoring sustained patient compliance

**Librax**<sup>®</sup>  
antianxiety/antisecretory/antispasmodic

Each capsule contains  
5 mg chlordiazepoxide HCl  
and 2.5 mg clidinium Br.

\*Librax has been evaluated as possibly effective for this indication.  
Please see brief summary of prescribing information on following page.

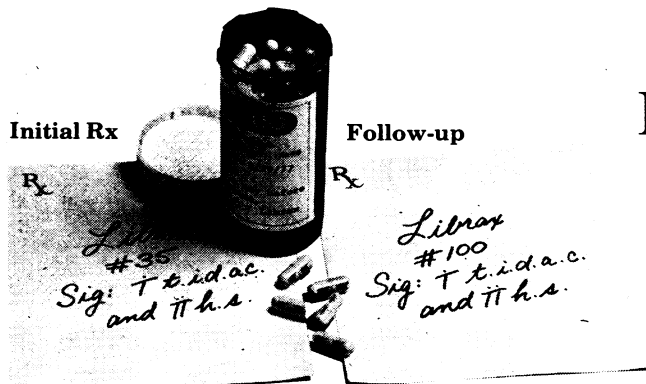
ROCHE

# In duodenal ulcer\* therapy

adjunctive **Librax**<sup>®</sup> Each capsule contains  
5 mg chlordiazepoxide HCl  
and 2.5 mg clidinium Br.

## reduces excessive anxiety and associated hypersecretion

through the antianxiety action of  
**LIBRIUM**<sup>®</sup> (chlordiazepoxide HCl)  
through the antisecretory effect of  
**QUARZAN**<sup>®</sup> (clidinium Br)



The initial prescription allows evaluation of patient response to therapy.

Follow-up therapy with a prescription for a 2- to 3-week supply of medication usually helps maintain patient gains.

**Please consult complete prescribing information, a summary of which follows:**

**Indications:** Based on a review of this drug by the National Academy of Sciences—National Research Council and/or other information, FDA has classified the indications as follows:

"Possibly" effective: as adjunctive therapy in the treatment of peptic ulcer and in the treatment of the irritable bowel syndrome (irritable colon, spastic colon, mucous colitis) and acute enterocolitis.

Final classification of the less-than-effective indications requires further investigation.

**Contraindications:** Glaucoma; prostatic hypertrophy, benign bladder neck obstruction; hypersensitivity to chlordiazepoxide HCl and/or clidinium Br.

**Warnings:** Caution patients about possible combined effects with alcohol and other CNS depressants, and against hazardous occupations requiring complete mental alertness (e.g., operating machinery, driving). Physical and psychological dependence rarely reported on recommended doses, but use caution in administering Librium<sup>®</sup> (chlordiazepoxide HCl) to known addiction-prone individuals or those who might increase dosage; withdrawal symptoms (including convulsions) reported following discontinuation of the drug.

**Usage in Pregnancy:** Use of minor tranquilizers during first trimester should almost always be avoided because of increased risk of congenital malformations as suggested in several studies. Consider possibility of pregnancy when instituting therapy. Advise patients to discuss therapy if they intend to or do become pregnant.

As with all anticholinergics, inhibition of lactation may occur.

**Precautions:** In elderly and debilitated, limit dosage to smallest effective amount to preclude ataxia, oversedation, confusion (no more than 2 capsules/day initially; increase gradually as needed and tolerated). Though generally not recommended, if combination therapy with other psychotropics seems indicated, carefully consider pharmacology of agents, particularly potentiating drugs such as MAO in-

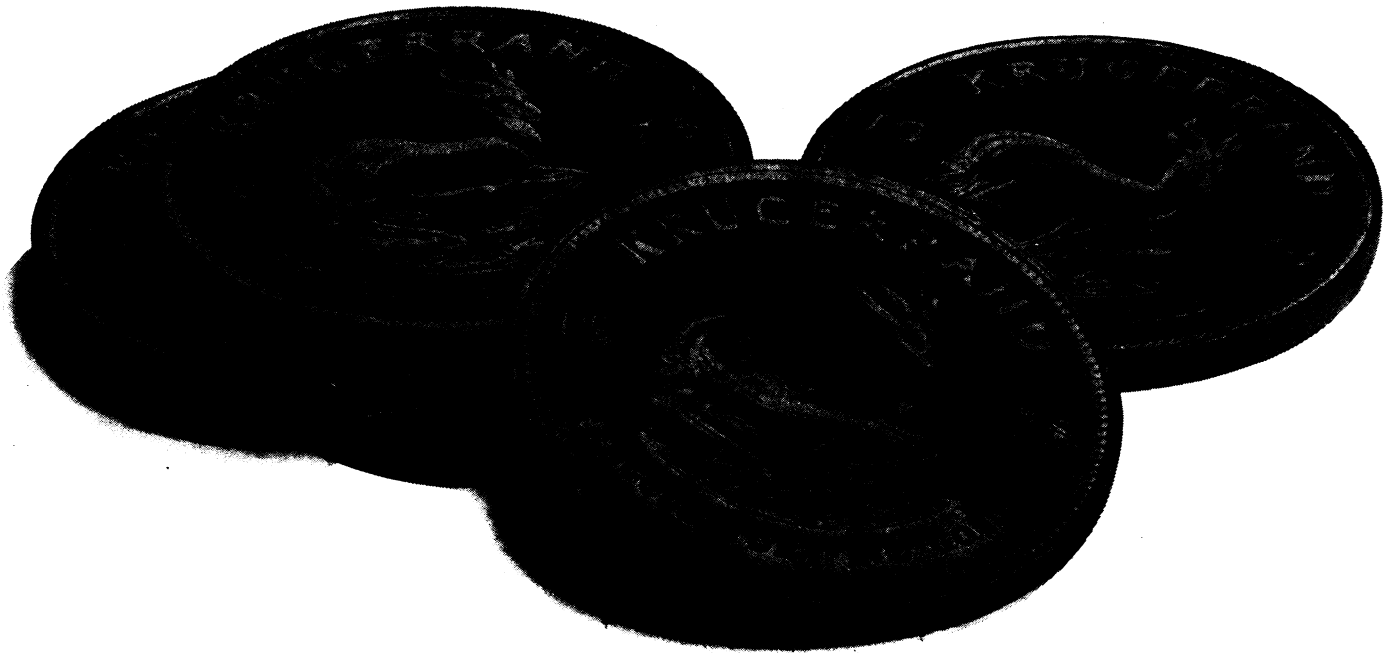
hibitors, phenothiazines. Observe usual precautions in presence of impaired renal or hepatic function. Paradoxical reactions reported in psychiatric patients. Employ usual precautions in treating anxiety states with evidence of impending depression; suicidal tendencies may be present and protective measures necessary. Variable effects on blood coagulation reported very rarely in patients receiving the drug and oral anticoagulants; causal relationship not established.

**Adverse Reactions:** No side effects or manifestations not seen with either compound alone reported with Librax. When chlordiazepoxide HCl is used alone, drowsiness, ataxia, confusion may occur, especially in elderly and debilitated; avoidable in most cases by proper dosage adjustment, but also occasionally observed at lower dosage ranges. Syncope reported in a few instances. Also encountered: isolated instances of skin eruptions, edema, minor menstrual irregularities, nausea and constipation, extrapyramidal symptoms, increased and decreased libido—all infrequent, generally controlled with dosage reduction; changes in EEG patterns may appear during and after treatment; blood dyscrasias (including agranulocytosis), jaundice, hepatic dysfunction reported occasionally with chlordiazepoxide HCl, making periodic blood counts and liver function tests advisable during protracted therapy. Adverse effects reported with Librax typical of anticholinergic agents, i.e., dryness of mouth, blurring of vision, urinary hesitancy, constipation. Constipation has occurred most often when Librax therapy is combined with other spasmolytics and/or low residue diets.

**Dosage:** Individualize for maximum benefit. Usual maintenance dose is 1-2 capsules, 3-4 times/day, before meals and at bedtime. Geriatric patients—see Precautions.

**How Supplied:** Available in green capsules, each containing 5 mg chlordiazepoxide HCl (Librium<sup>®</sup>) and 2.5 mg clidinium Br (Quarzan<sup>®</sup>)—bottles of 100 and 500; Tel-E-Dose<sup>®</sup> packages of 100; Prescription Paks of 50, singly and in trays of 10.

**ROCHE** Roche Products Inc.  
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...the diaphragm is often inconvenient. The fuss and mess of pills, creams and jellies, plus the minor irritations sometimes caused by the other vaginal suppository often discourage compliance.

Now there's a sensible alternative: Semicid. It's a medically tested, non-hormonal vaginal suppository that is both safe and effective. In fact, Semicid contains the maximum recommended 100 mg. level of nonoxynol-9, the long-recognized standard of spermicidal efficacy.

### U.S. Clinical Study Proves Semicid Safe and Effective.

In a recent U.S. clinical study,\* 326 women were monitored for a total of 4890 women-months. This study was conducted by a gynecologist and was carefully reviewed by independent gynecological groups at two major universities. In comparing the findings of these groups with published reports of other contraceptive methods, Semicid is shown to be effective in the prevention of pregnancy.

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...the convenience of the new delivery system helped enhance compliance and, therefore, efficacy.

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When you consider all that — the safety, efficacy, and convenience of this new contraceptive — you can see why your patients will continue to use Semicid once they have tried it. Use only as directed.

#### Semicid Vaginal Contraceptive Suppositories

For ☐ Additional information

☐ Product Samples ☐ Both

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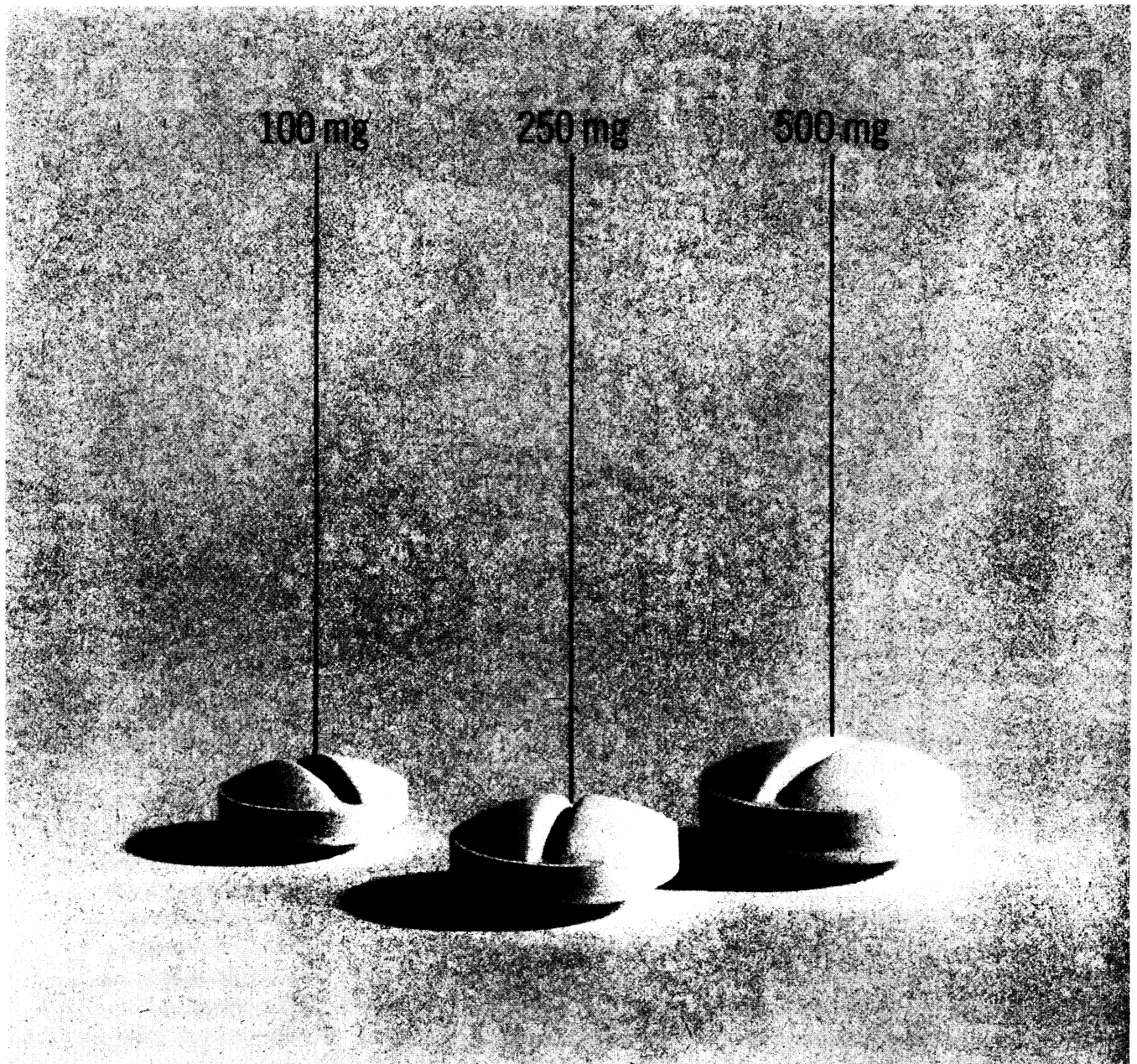
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Att: Medical Director

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\*Data on file, Whitehall Laboratories



# **Tolinase<sup>®</sup>** **tolazamide, Upjohn**

Please contact your Upjohn representative for additional product information.

**Upjohn**

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terbutaline sulfate

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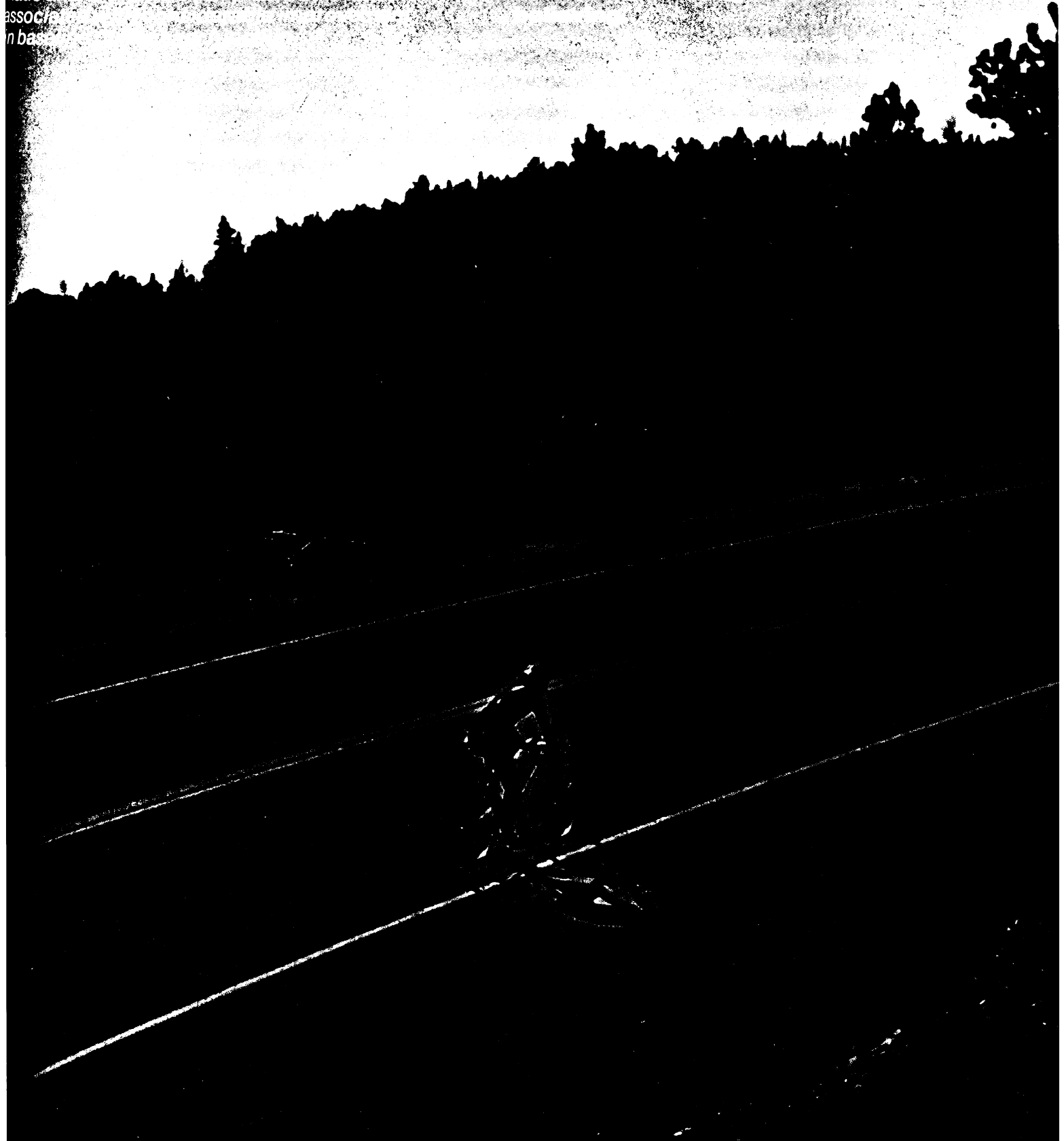


While some of the above has been observed in the past, with the use of the above methods, there is no question that the above methods are effective in the long term, and long periods.

In fact, studies have shown that the above methods indicate that the above methods are effective in the long term, and long periods. The above methods are effective in the long term, and long periods.

While the above methods have been observed in the past, with the use of the above methods, there is no question that the above methods are effective in the long term, and long periods. The above methods are effective in the long term, and long periods.

PLEASE CONTACT THE ABOVE METHODS FOR MORE INFORMATION.



**Brethine®**  
terbutaline sulfate

*Now the most widely  
prescribed bronchodilator  
tablet in the U.S.*

**In the long run,  
breathing  
is believing.**

1. Formgren H: The therapeutic value of oral long-term treatment with terbutaline in asthma. *Scand J Respir Dis* 56(6):321-328, 1975.
2. Larsson S et al: Lack of bronchial beta adrenoceptor resistance in asthmatics during long-term treatment with terbutaline. *J Allergy Clin Immunol* 59(2):93-100, 1977.
3. Wilson AF et al: Cardiopulmonary effects of long-term bronchodilator administration. *J Allergy Clin Immunol* 58(1):204-212, 1976.

**Geigy**

**Brethine®, brand of terbutaline sulfate, Tablets 5 mg., Tablets 2.5 mg.** Before prescribing or administering, please consult complete product information, a summary of which follows:

Tablets contain 5 mg. (equivalent to 4.1 mg. of free base) or 2.5 mg. (equivalent to 2.05 mg. of free base) of Brethine, brand of terbutaline sulfate.

**Indications:** As a bronchodilator for bronchial asthma and for reversible bronchospasm which may occur in association with bronchitis and emphysema.

**Contraindications:** Known hypersensitivity to sympathomimetic amines.

**Warnings:** *Usage in Pregnancy:* The safety of the use of Brethine, brand of terbutaline sulfate, in human pregnancy has not been established. The use of the drug in pregnancy, lactation, or women of childbearing potential requires that the expected therapeutic benefit of the drug be weighed against its possible hazards to the mother or child.

*Usage in Pediatrics:* Brethine, brand of terbutaline sulfate, tablets are not presently recommended for children below the age of twelve years due to insufficient clinical data in this pediatric group.

**Precautions:** Brethine, brand of terbutaline sulfate, should be used with caution in patients with diabetes, hypertension, hyperthyroidism, and a history of seizures. As with other sympathomimetic bronchodilator agents, Brethine, brand of terbutaline sulfate, should be administered cautiously to cardiac patients, especially those with associated arrhythmias. Although the concomitant use of Brethine, brand of terbutaline sulfate, with other sympathomimetic agents is not recommended, the use of an aerosol bronchodilator of the adrenergic stimulant type for the relief of an acute bronchospasm is not precluded in patients receiving chronic oral Brethine, brand of terbutaline sulfate, therapy.

**Adverse Reactions:** Commonly observed side effects include nervousness and tremor. Other reported reactions include headache, increased heart rate, palpitations, drowsiness, nausea, vomiting, sweating, and muscle cramps. These reactions are generally transient in nature, usually do not require treatment, and appear to diminish in frequency with continued therapy. In general, all the side effects observed are characteristic of those commonly seen with sympathomimetic amines.

**How Supplied:** Round, scored, white tablets of 5 mg. in bottles of 100 and 1,000 and Unit Dose Packages of 100; oval, scored, white tablets of 2.5 mg. in bottles of 100 and 1,000 and Unit Dose Packages of 100.

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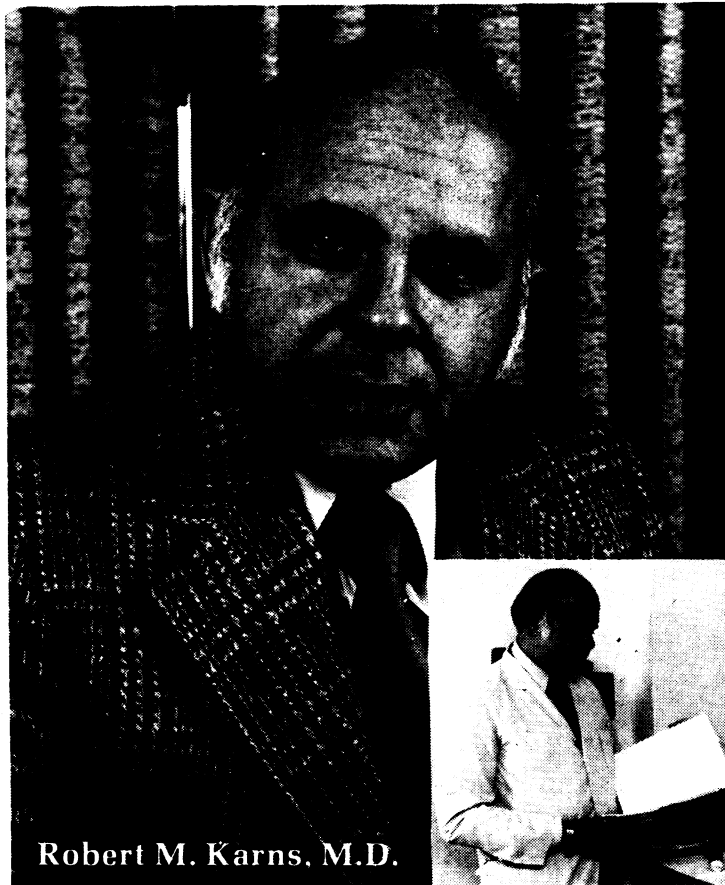
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# Dyazide<sup>®</sup>

Each capsule contains 50 mg. of Dyrenium<sup>®</sup> (brand of triamterene) and 25 mg. of hydrochlorothiazide.

## Makes Sense in Hypertension<sup>\*</sup>

Before prescribing, see complete prescribing information in SK&F Co. literature or PDR. A brief summary follows:

**\* Warning**

This drug is not indicated for initial therapy of edema or hypertension. Edema or hypertension requires therapy titrated to the individual. If this combination represents the dosage so determined, its use may be more convenient in patient management. Treatment of hypertension and edema is not static, but must be reevaluated as conditions in each patient warrant.

**Contraindications:** Further use in anuria, progressive renal or hepatic dysfunction, hyperkalemia. Pre-existing elevated serum potassium. Hypersensitivity to either component or other sulfonamide-derived drugs.

**Warnings:** Do not use potassium supplements, dietary or otherwise, unless hypokalemia develops or dietary intake of potassium is markedly impaired. If supplementary potassium is needed, potassium tablets should not be used. Hyperkalemia can occur, and has been associated with cardiac irregularities. It is more likely in the severely ill, with urine volume less than one liter/day, the elderly and diabetics with suspected or confirmed renal insufficiency. Periodically, serum K<sup>+</sup> levels should be determined. If hyperkalemia develops, substitute a thiazide alone, restrict K<sup>+</sup> intake. **Associated widened QRS complex or arrhythmia requires prompt additional therapy.** Thiazides cross the placental barrier and appear in cord blood. Use in pregnancy requires weighing anticipated benefits against possible hazards, including fetal or neonatal jaundice, thrombocytopenia, other adverse reactions seen in adults. Thiazides appear and triamterene may appear in breast milk. If their use is essential, the patient should stop nursing. Adequate information on use in children is not available.

**Precautions:** Do periodic serum electrolyte determinations (particularly important in patients vomiting excessively or receiving parenteral fluids). Periodic BUN and serum creatinine determinations should be made, especially in the elderly, diabetics or those with suspected or confirmed renal insufficiency. Watch for signs of impending coma in severe liver disease. If spiro-lactone is used concomitantly, determine serum K<sup>+</sup> frequently; both can cause K<sup>+</sup> retention and elevated serum K<sup>+</sup>. Two deaths have been reported with such concomitant therapy (in one, recommended dosage was exceeded, in the other serum electrolytes were not properly monitored). Observe regularly for possible blood dyscrasias, liver damage, other idiosyncratic reactions. Blood dyscrasias have been reported in patients receiving triamterene, and leukopenia, thrombocytopenia, agranulocytosis, and aplastic anemia have been reported with thiazides. Triamterene is a weak folic acid antagonist. Do periodic blood studies in cirrhotics with splenomegaly. Antihypertensive effect may be enhanced in post-sympathectomy patients. Use cautiously in surgical patients. The following may occur: transient elevated BUN or creatinine or both, hyperglycemia and glycosuria (diabetic insulin requirements may be altered), hyperuricemia and gout, digitalis intoxication (in hypokalemia), decreasing alkali reserve with possible metabolic acidosis. Dyazide interferes with fluorescent measurement of quinidine.

**Adverse Reactions:** Muscle cramps, weakness, dizziness, headache, dry mouth; anaphylaxis, rash, urticaria, photosensitivity, purpura, other dermatological conditions; nausea and vomiting, diarrhea, constipation, other gastrointestinal disturbances. Necrotizing vasculitis, paresthesias, icterus, pancreatitis, xanthopsia and, rarely, allergic pneumonitis have occurred with thiazides alone.

**Supplied:** Bottles of 100 and 1000 capsules; Single Unit Packages of 100 (intended for institutional use only).

**SK&F CO.**  
a SmithKline company

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**INFORMATION**

**(415) 777-2000    EX 220**

**Tablets  
Percodan® II**

**DESCRIPTION** Each yellow, scored tablet contains 4.50 mg. oxycodone HCl (WARNING: May be habit forming), 0.38 mg. oxycodone terephthalate (WARNING: May be habit forming), 224 mg. aspirin, 160 mg. phenacetin, and 32 mg. caffeine.

**INDICATIONS** For the relief of moderate to moderately severe pain.

**CONTRAINDICATIONS** Hypersensitivity to oxycodone, aspirin, phenacetin or caffeine.

**WARNINGS** **Drug Dependence** Oxycodone can produce drug dependence of the morphine type and, therefore, has the potential for being abused. Psychic dependence, physical dependence and tolerance may develop upon repeated administration of PERCODAN®, and it should be prescribed and administered with the same degree of caution appropriate to the use of other oral narcotic-containing medications. Like other narcotic-containing medications, PERCODAN® is subject to the Federal Controlled Substances Act.

**Usage in ambulatory patients** Oxycodone may impair the mental and/or physical abilities required for the performance of potentially hazardous tasks such as driving a car or operating machinery. The patient using PERCODAN® should be cautioned accordingly.

**Interaction with other central nervous system depressants** Patients receiving other narcotic analgesics, general anesthetics, phenothiazines, other tranquilizers, sedative-hypnotics or other CNS depressants (including alcohol) concomitantly with PERCODAN® may exhibit an additive CNS depression. When such combined therapy is contemplated, the dose of one or both agents should be reduced.

**Usage in pregnancy** Safe use in pregnancy has not been established relative to possible adverse effects on fetal development. Therefore, PERCODAN® should not be used in pregnant women unless, in the judgment of the physician, the potential benefits outweigh the possible hazards.

**Usage in children** PERCODAN® should not be administered to children.

Salicylates should be used with caution in the presence of peptic ulcer or coagulation abnormalities.

**PRECAUTIONS** **Head injury and increased intracranial pressure** The respiratory depressant effects of narcotics and their capacity to elevate cerebrospinal fluid pressure may be markedly exaggerated in the presence of head injury, other intracranial lesions or a pre-existing increase in intracranial pressure. Furthermore, narcotics produce adverse reactions which may obscure the clinical course of patients with head injuries.

**Acute abdominal conditions** The administration of PERCODAN® or other narcotics may obscure the diagnosis or clinical course in patients with acute abdominal conditions.

**Special risk patients** PERCODAN® should be given with caution to certain patients such as the elderly or debilitated, and those with severe impairment of hepatic or renal function, hypothyroidism, Addison's disease, and prostatic hypertrophy or urethral stricture.

Phenacetin has been reported to damage the kidneys when taken in excessive amounts for a long time.

**ADVERSE REACTIONS** The most frequently observed adverse reactions include light-headedness, dizziness, sedation, nausea and vomiting. These effects seem to be more prominent in ambulatory than in nonambulatory patients, and some of these adverse reactions may be alleviated if the patient lies down.

Other adverse reactions include euphoria, dysphoria, constipation and pruritus.

**DOSAGE AND ADMINISTRATION** Dosage should be adjusted according to the severity of the pain and the response of the patient. The usual adult dose is one tablet every 6 hours as needed for pain.

**DRUG INTERACTIONS** The CNS depressant effects of PERCODAN® may be additive with that of other CNS depressants. See WARNINGS.

DEA Order Form Required.

**Endo Inc.**

Manati, Puerto Rico 00701  
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Subsidiary of the DuPont Company



## 1. Determine need

What is causing pain? How is it perceived by you and your patient?

## 2. Prescribe a rapid-acting agent

Select a readily-absorbed oral agent that usually acts within 15 to 30 minutes.

## 3. Minimize potential risk

Prescribe in limited quantities for selected patients.

Schedule II classification means no refills, no telephone Rx. Patients with persistent pain must return for your evaluation of analgesic needs.

## 4. Provide adequate analgesia with minimum doses

Consider PERCODAN® because patients rarely ask for increased dosage. PERCODAN® relief can last up to six hours—until time for next tablet.



## Effective relief of moderate to moderately severe pain

Tablets  
**PERCODAN®**

each yellow, scored tablet contains: 4.50 mg oxycodone HCl (WARNING: may be habit forming), 0.38 mg oxycodone terephthalate (WARNING: may be habit forming), 224 mg aspirin, 160 mg phenacetin, 32 mg caffeine

Ⓒ  
II



# In California, how can you make sure your patients receive Librium when you prescribe it?

(chlordiazepoxide HCl)

RX# 224 6-0000  
 ALLAN D. BEACHMAN, M.D.  
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If you want to make  
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Librium when you  
prescribe it, you must not  
specify Librium but  
write "Dispense as  
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Librium sets the  
standards by which  
other chlor-  
diazepoxides are  
judged. As with all  
Roche products, Librium

manufacturing is closely monitored to  
ensure quality and lot-to-lot consistency. This  
can mean a lot to you—and to your patients.

NOTE: To reinforce your instructions to patients and  
to improve compliance, Roche has prepared a special  
patient instruction sheet for Librium (chlordiazepoxide  
HCl). To obtain a supply, ask your Roche representative  
or write to Professional Services, Roche Laboratories,  
Kenilworth, New Jersey 07110.

Please see summary of product information on next page.

**Librium®**  
 chlordiazepoxide HCl/Roche  
 5mg, 10mg, 25mg capsules

# Only Librium is Librium

(chlordiazepoxide HCl)

Unmatched experience in clinical use

Predictable patient response

An unsurpassed safety record

Used concomitantly with many classes of medication,  
such as cardiac glycosides, diuretics,  
antihypertensive agents, antacids and anticholinergics

***Librium***<sup>®</sup>  
*chlordiazepoxide HCl/Roche*  
*5mg, 10mg, 25mg capsules*  
an original product of Roche research

**Before prescribing, please consult complete product information, a summary of which follows:**

**Indications:** Relief of anxiety and tension occurring alone or accompanying various disease states. Efficacy beyond four months not established by systematic clinical studies. Periodic reassessment of therapy recommended.

**Contraindications:** Patients with known hypersensitivity to the drug.

**Warnings:** Warn patients that mental and/or physical abilities required for tasks such as driving or operating machinery may be impaired, as may be mental alertness in children, and that concomitant use with alcohol or CNS depressants may have an additive effect. Though physical and psychological dependence have rarely been reported on recommended doses, use caution in administering to addiction-prone individuals or those who might increase dosage; withdrawal symptoms (including convulsions), following discontinuation of the drug and similar to those seen with barbiturates, have been reported.

**Usage in Pregnancy:** Use of minor tranquilizers during first trimester should almost always be avoided because of increased risk of congenital malformations as suggested in several studies. Consider possibility of pregnancy when instituting therapy; advise patients to discuss therapy if they intend to or do become pregnant.

**Precautions:** In the elderly and debilitated, and in children over six, limit to smallest effective dosage (initially 10 mg or less per day) to preclude ataxia or oversedation, increasing gradually as needed and tolerated. Not recommended in children under six. Though generally not recommended, if combination therapy with other psychotropics seems indicated, carefully consider individual pharmacologic effects, particularly in use of potentiating drugs such as MAO inhibitors and phenothiazines. Observe usual precautions in presence of impaired renal or hepatic function. Paradoxical reactions (e.g., excitement, stimulation and acute rage) have been reported in psychiatric patients and hyperac-

tive aggressive children. Employ usual precautions in treatment of anxiety states with evidence of impending depression; suicidal tendencies may be present and protective measures necessary. Variable effects on blood coagulation have been reported very rarely in patients receiving the drug and oral anticoagulants; causal relationship has not been established clinically.

**Adverse Reactions:** Drowsiness, ataxia and confusion may occur, especially in the elderly and debilitated. These are reversible in most instances by proper dosage adjustment, but are also occasionally observed at the lower dosage ranges. In a few instances syncope has been reported. Also encountered are isolated instances of skin eruptions, edema, minor menstrual irregularities, nausea and constipation, extrapyramidal symptoms, increased and decreased libido—all infrequent and generally controlled with dosage reduction; changes in EEG patterns (low-voltage fast activity) may appear during and after treatment; blood dyscrasias (including agranulocytosis), jaundice and hepatic dysfunction have been reported occasionally, making periodic blood counts and liver function tests advisable during protracted therapy.

**Usual Daily Dosage:** Individualize for maximum beneficial effects. Oral—Adults: Mild and moderate anxiety and tension, 5 or 10 mg t.i.d. or q.i.d.; severe states, 20 or 25 mg t.i.d. or q.i.d. Geriatric patients: 5 mg b.i.d. to q.i.d. (See Precautions.)

**Supplied:** Librium<sup>®</sup> (chlordiazepoxide HCl) Capsules, 5 mg, 10 mg and 25 mg—bottles of 100 and 500; Tel-E-Dose<sup>®</sup> packages of 100, available in trays of 4 reverse-numbered boxes of 25, and in boxes containing 10 strips of 10; Prescription Paks of 50, available singly and in trays of 10. Libritabs<sup>®</sup> (chlordiazepoxide) Tablets, 5 mg, 10 mg and 25 mg—bottles of 100 and 500. With respect to clinical activity, capsules and tablets are indistinguishable.

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**MEASURES FOR PREVENTIVE  
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### **GUEST SPEAKERS**

**Daniel X. Freedman, MD**  
Professor and Chairman  
Department of Psychiatry  
University of Chicago  
Chief Editor, *Archives of General Psychiatry*  
Chicago

**Richard Dorsey, MD**  
Director of Psychopharmacology  
Emerson A. North Hospital  
Cincinnati  
Chairman, Task Force of Psychopharmacologic  
Criteria Development, APA

### **Thursday and Friday**

### **SOMMER MEMORIAL LECTURERS**

**Shervert H. Frazier, Jr., MD**  
Psychiatrist in Chief  
McLean Hospital  
Belmont, Massachusetts  
Professor of Psychiatry  
Harvard University

**John W. Madden, MD**  
Professor of Orthopedics  
University of New Mexico  
Albuquerque  
Private Practice  
Specializing in Surgery of the Hand  
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**Jacquelin Perry, MD**  
Professor of Orthopedic Surgery  
University of Southern California  
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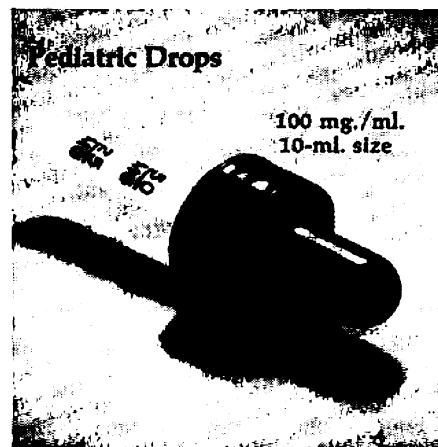
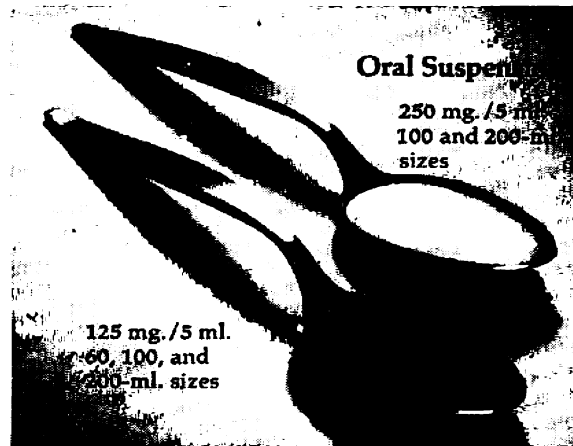
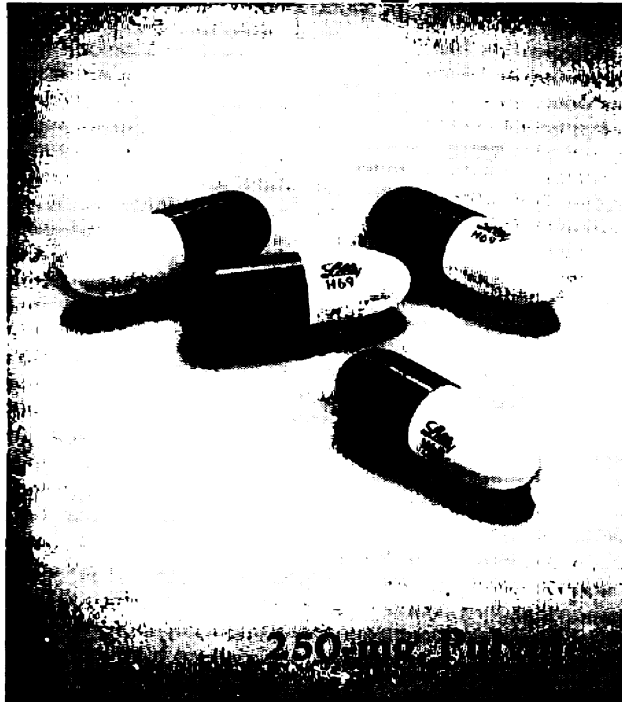
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**M**edical specialty societies are sponsoring meetings jointly with CMA specialty sections in 14 disciplines. So shop your own specialty and check out the others; many may be of interest to you, such as adolescent medicine, coma, seizures, stroke, malignant melanoma, myofascial pain and acute and chronic pain control. Another bonus—the sessions on social issues affecting clinical practice. A sampling includes: stress-related illness; drug abuse: the distorter of disease; dying; abortion: pro and con; the impaired physician.

**E**xcellence best describes this year's offering: more scientific and educational programs and better ones than ever before. Exhibits—scientific and technical—will show you the latest advances in drugs, equipment and services. Take advantage of this bonanza: learn, talk, see, listen and share experiences with one another—with CME credit to boot. Much more is planned, so watch for the full outline of the program and hotel reservation form in the December issue of *The Western Journal of Medicine*. Mark the dates now for

# California Medical Association's 108th Annual Session

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### **SPEAKERS**

#### **Diagnostic Radiology**

Sidney Wallace, MD

*M. D. Anderson Hospital, Houston*

Morton A. Meyers, MD

*State University, Stonybrook, N.Y.*

William Martel, MD

*University of Michigan Medical Center*

David G. Bragg, MD

*University of Utah Medical Center*

R. Thomas Bergeron, MD

*New York University Medical Center*

Thomas F. Meaney, MD

*Cleveland Clinic Foundation*

#### **Nuclear Medicine**

Paul B. Hoffer, MD

*Yale University School of Medicine*

#### **Ultrasound**

George R. Leopold, MD

*University of California, San Diego*

#### **Radiation Therapy-Oncology**

Charles G. Moertel, MD

*Mayo Clinic*

Oliver H. Beahrs, MD

*Mayo Clinic*

Theodore L. Phillips, MD

*University of California, San Francisco*

Leonard L. Gunderson, MD

*Harvard Medical School,  
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Robert B. Livingston, MD

*Veterans Hospital, San Antonio*

H. J. G. Bloom, MD

*Royal Marsden Hospital, London, England*

**Registration:** Fee of \$125 includes two luncheons. \$75 for residents. Workshops: \$25 each.

**Advance Registration:** Earl P. Detrick, MD, 4415 Lakeview Canyon Road, Westlake Village, California 91361

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**Message Center:** Century Plaza Hotel (213) 277-2000

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R. Thomas Bergeron, MD, *New York University Medical Center*; William Martel, MD, *University of Michigan Medical Center*; Thomas F. Meaney, MD, *Cleveland Clinic Foundation*; A. Franklin Turner, MD, *University of Southern California*; G. Kossoff, *Director-Ultrasound Institute, Sydney, Australia*

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**ASSOCIATE MEDICAL DIRECTOR, GENERAL INTERNIST WITH CARDIOLOGY INTEREST** needed for 38-bed rehabilitation hospital now committed to expansion. Will assist physiatrist in patient care and provide medical supervision to cardiac rehab program. Located in rapidly growing city of 115,000 which provides excellent year-round sports and financial diversification opportunities. Compensation negotiable and dependent upon experience and qualifications. Contact Kenneth D. Smyth, MD, Medical Director, Idaho Elks Rehabilitation Hospital, 204 Fort Place, Boise, Idaho 83702; (208) 343-2583.

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### CLINICAL RESEARCH Assistant or Associate Director

Person will be responsible to initiate and monitor clinical trials of new drugs to determine safety and efficacy and will assist the Director in all clinical research affairs. Emphasis at this time will be in intravenous nutritional therapy (fat emulsion, specialized amino acid preparations, etc.). MD degree with experience and post graduate training in intravenous nutritional therapy required with either medical or surgical orientation. Submit CV to: Cutter Laboratories, Inc., Dean G. Gallinatti, Corporate Personnel Administration Manager, 4th and Parker Streets, Berkeley, CA 94710. Phone: (415) 841-0123.

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**SAN FRANCISCO BAY AREA—Family Practice, General Practice, Internal Medicine Physicians:** Unique opportunity to affiliate with newly formed quality oriented medical group practice adjacent to 204-bed nonprofit accredited acute care hospital. Modern 4-story group practice facility under construction. Salary guarantee plus paid vacation and professional education leave. No capital investment requirements. Malpractice insurance provided. Inquire: Administration, Oak Hill Medical Group, 431-30th St., Oakland, CA 94609. Telephone (415) 451-4900, ext. 304.

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**SAN DIEGO STATE UNIVERSITY** is seeking a Medical Officer to serve in a permanent ten-month position at 20 hours/week. Performs medical services in the medical and health counseling program. Requires possession of valid license to practice medicine in the State of California; completion of Internship in practice of medicine. Experience beyond internship desirable. Ability to diagnose and prescribe treatment in a university program. Salary: \$13,800-\$16,615/yr. Apply before 10/30/78 to Employment Division, SDSU, San Diego, CA 92182. An Equal Opportunity/Affirmative Action/Title IX Employer.

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The Deputy Chief of Health is responsible for the planning, organization, and direction of the statewide Occupational Health Program within the Division of Occupational Safety and Health Administration. This includes the supervision and direction of the inspections or investigations of health hazards related to specific workplaces as required by the Cal/OSHA Program; trains safety engineers in the recognition of health hazards; gives assistance and advice on the organization and administration of occupational health programs with emphasis on the promotion of preventive health services for occupational groups; provides for assistance to local health departments in developing occupational health programs; maintains liaison with and coordinates the activities and programs of the Occupational Health Section with the activities of other local, State, and national official and voluntary agencies; selects and trains personnel, evaluates their performance and takes or recommends appropriate action; prepares and reviews administrative documents and reports; prepares articles for publication; addresses interested groups. A workforce of approximately 113 professional, technical and administrative personnel are assigned to this unit.

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## SITUATIONS WANTED

**PATHOLOGIST,** Board Certified PA and CP, with 9 years post-doctorate training and 13 years experience in one hospital, seeks to relocate. Solo or group practice. Write Box 6002, Western Journal of Medicine, 731 Market St., San Francisco, CA 94103.

**OTOLARYNGOLOGIST:** UCSF-Tulane University trained in Head and Neck, Cosmetic and Maxillofacial Surgery, Otolaryngology, ENT and Allergy. California license. AAOO Merit Award for Research. CV upon request. Available August 1979. Reply Box No. 6000, The Western Journal of Medicine, 731 Market St., San Francisco, CA 94103.

**TWO INTERNISTS,** board eligible, available Sept. 1979, desire assoc. with group in CA, AZ. H. Hammer, MD, 235 Edgemere Ct., Okla. City, OK 73118. (405) 525-5838.

(Continued on Page 26)

#### SITUATIONS WANTED

**OCULOPLASTIC AND LACRIMAL SURGEON.** Board Certified Ophthalmologist, 1 year post-residency fellowship in oculoplastics. Fellow. Am. Soc. Ophth. Plastic and Reconstr. Surg. Pilot. Will travel anywhere in Calif. (near an airport) to do oculoplastic/lacrimal cases, provided adequate facilities, assistance and post-op care available. C.V. on request. Please reply to Box 6004, The Western Journal of Medicine, 731 Market St., San Francisco, CA 94103.

**EXPERIENCED GP,** age 58, 35 years practice in Los Angeles. Seeking opportunity for busy practice with good coverage for vacation time. Will consider lease, purchase or association. Office or Hospital based. Prefer out of L.A. but will consider any good opportunity. Write Box 6004, Western Journal of Medicine, 731 Market St., San Francisco, CA 94103.

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### Second Annual Vail Urology Conference

February 10 to 17, 1979 • Lion Square Lodge, Vail, Colorado

### Fifth Annual Vail OB/GYN Conference

February 17 to 24, 1979 • The Mark, Vail, Colorado

### Fourth Annual Vail Psychiatry Conference

February 17 to 24, 1979 • Lion Square Lodge, Vail, Colorado

### First Annual Vail Emergency Medicine/

### Critical Care Conference

February 17 to 24, 1979 • Kiandra-Talisman Lodge, Vail, Colorado

### Ninth Annual Aspen Radiology Conference

February 24 to March 3, 1979

Aspen Institute for Humanistic Studies, Aspen, Colorado

### Second Annual Vail Cancer Conference

March 3 to 10, 1979 • Kiandra-Talisman Lodge, Vail, Colorado

### First Annual Vail Sports Medicine Conference

March 3 to 10, 1979 • Lion Square Lodge, Vail, Colorado

### Fourth Annual Vail General Surgery Conference

March 10 to 17, 1979 • Lion Square Lodge, Vail, Colorado

### First Annual Vail Gerontology Conference

March 10 to 17, 1979 • The Mark, Vail, Colorado

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**When the somatic symptoms  
are there but the signs  
of organic disease are not  
it could be the message  
of psychic tension**

**for prompt, dependable  
relief of psychic tension and  
its somatic symptoms**



You've often seen the message of psychic tension: anxiety-enhanced CNS activity, resulting in physiologic effects that produce the somatic symptoms the patient complains about. Although your workup reveals no organic cause, the patient may still be convinced that he has a serious disease.

For many patients, functional disorders are both difficult to understand and to accept. How do you treat the condition? With the necessary supportive measures, including counseling and reassurance. And often, Valium (diazepam) can be one of your strongest therapeutic allies.

Valium works promptly and dependably to reduce excessive psychic tension. Often, your patient feels calmer within hours and within days response is both pronounced and sustained. Equally important, Valium is usually well tolerated. Side effects more serious than drowsiness, fatigue and ataxia are rare. Of course, as with all CNS-acting agents, patients on Valium should be cautioned against drinking alcohol or operating dangerous machinery. Periodic reassessment of therapy with Valium is also recommended.

**Before prescribing, please consult complete product information, a summary of which follows:**

**Indications:** Tension and anxiety states; somatic complaints which are concomitants of emotional factors; psychoneurotic states manifested by tension, anxiety, apprehension, fatigue, depressive symptoms or agitation; symptomatic relief of acute agitation, tremor, delirium tremens and hallucinosis due to acute alcohol withdrawal; adjunctively in skeletal muscle spasm due to reflex spasm to local pathology; spasticity caused by upper motor neuron disorders; athetosis; stiff-man syndrome; convulsive disorders (not for sole therapy).

The effectiveness of Valium (diazepam) in long-term use, that is, more than 4 months, has not been assessed by systematic clinical studies. The physician should periodically reassess the usefulness of the drug for the individual patient.

**Contraindicated:** Known hypersensitivity to the drug. Children under 6 months of age. Acute narrow angle glaucoma; may be used in patients with open angle glaucoma who are receiving appropriate therapy.

**Warnings:** Not of value in psychotic patients. Caution against hazardous occupations requiring complete mental alertness. When used adjunctively in convulsive disorders, possibility of increase in frequency and/or severity of grand mal seizures may require increased dosage of standard anticonvulsant medication; abrupt withdrawal may be associated

ated with temporary increase in frequency and/or severity of seizures. Advise against simultaneous ingestion of alcohol and other CNS depressants. Withdrawal symptoms (similar to those with barbiturates and alcohol) have occurred following abrupt discontinuance (convulsions, tremor, abdominal and muscle cramps, vomiting and sweating). Keep addiction-prone individuals under careful surveillance because of their predisposition to habituation and dependence.

**Usage in Pregnancy: Use of minor tranquilizers during first trimester should almost always be avoided because of increased risk of congenital malformations as suggested in several studies. Consider possibility of pregnancy when instituting therapy; advise patients to discuss therapy if they intend to or do become pregnant.**

**Precautions:** If combined with other psychotropics or anticonvulsants, consider carefully pharmacology of agents employed; drugs such as phenothiazines, narcotics, barbiturates, MAO inhibitors and other anxiopressants may potentiate its action. Usual precautions indicated in patients severely depressed, or with latent depression, or with suicidal tendencies. Observe usual precautions in impaired renal or hepatic function. Limit dosage to smallest effective amount in elderly and debilitated to preclude ataxia or oversedation.

**Side Effects:** Drowsiness, confusion, diplopia, hypotension.

**VALIUM<sup>®</sup>**  
**(diazepam)**

2-mg, 5-mg, 10-mg scored tablets

rash, ataxia, constipation, headache, incontinence, changes in salivation, slurred speech, tremor, vertigo, urinary retention, blurred vision. Paradoxical reactions such as acute hyperexcited states, anxiety, hallucinations, increased muscle spasticity, insomnia, rage, sleep disturbances, stimulation have been reported; should these occur, discontinue drug. Isolated reports of neutropenia, jaundice; periodic blood counts and liver function tests advisable during long-term therapy.

**Dosage:** Individualize for maximum beneficial effect. **Adults:** Tension, anxiety and psychoneurotic states, 2 to 10 mg b.i.d. to q.i.d.; alcoholism, 10 mg t.i.d. or q.i.d. in first 24 hours, then 5 mg t.i.d. or q.i.d. as needed; adjunctively in skeletal muscle spasm, 2 to 10 mg t.i.d. or q.i.d.; adjunctively in convulsive disorders, 2 to 10 mg b.i.d. to q.i.d. **Geriatric or debilitated patients:** 2 to 2½ mg, 1 or 2 times daily initially, increasing as needed and tolerated. (See Precautions.) **Children:** 1 to 2½ mg t.i.d. or q.i.d. initially, increasing as needed and tolerated (not for use under 6 months).

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